### PROGRAM INFORMATION

Our program runs for Four sessions in July.

#### Session 1:

Mon July 7th - Thurs July 10th

<u>Session 2:</u>

Mon July 14th - Thurs July 17th

<u>Session 3:</u>

Mon July 21st - Thurs July 24th
Session 4:

Mon July 28th - Thurs July 31st

Ages 4-11 years old
The program runs from 9-2:30
Come for one 4-day session or
take advantage of all we have to
offer by enrolling in all four!

Low child to instructor ratio
Staff includes certified
teachers and trained volunteers

To view our video, please visit at Hilton-Winn Farm youtube.



Give your child an awesome, fun-filled nature experience this summer!

# IMPORTANT DATES AND PAYMENT INFORMATION

In an effort to secure your child's spot, please return this form to us with payment in full by April 12th. Do not hesitate to call with questions about enrollment availability or about our program. Please send payment and registration form to the following address:

The Youth Enrichment Center
Hilton-Winn Farm
189 Ogunquit Road
Cape Neddick, ME 03902
207-361-1385



www.hilton-winnfarm.org nbreen@hilton-winnfarm.org 501(c)(3) nonprofit corporation



## 2025 SUMMER FUN at the FARM

A weekly summer nature-based activity program at the beautiful Hilton-Winn Farm in Cape Neddick, Maine



189 Ogunquit Road Cape Neddick, ME 03902



Give your child a country farm experience that will enrich their hearts, minds and spirits while they have FUN!

Unplug at the Hilton-Winn Farm and Connect to Nature!!

Ages 4-11



Nancy Breen is the Director of the Youth Enrichment Center (YEC) at the Hilton-Winn Farm, and holds a degree in Early Childhood Education from Colby-Sawyer College. In 2002, she purchased the beautiful property in order to establish a place where children could experience nature and participate in farm based educational activities. Included in our enthusiastic, qualified staff:

- Program Director for 14 years
   Eva Diharce, Speech and Language
   Pathologist, Nature Enthusiast &
   Craft Extraordinaire
- Sandy Phillips, Former first grade teacher/K-6 Interventionist
- Other quality, experienced leaders with a love of nature and children
- Local specialists (educators, environmentalist, artists, musicians, etc...)

YEC programs are aimed at fostering growth in teamwork, communication, tolerance, and self-esteem building.

The Farm provides the ultimate natural setting for this magical experience. 48 acres of fields and forest surrounded by 300 acres of conservation land offer both a safe, beautiful setting and a wonderful space in which to grow.

The goal of the Summer Fun program is to use our surroundings to convey the importance of nature and our environment. This will be done through carefully planned activities and projects that build upon creativity and teamwork and are just plain FUN!!!!

### Program Details

Each session will follow the same outline, and activities and events will change. This will allow for children attending multiple sessions to enjoy varied experiences. The first day will include an introduction to the farms guidelines & expectations.

Some of the great nature based activities we have planned including:

- Daily nature hike
- · Gardening (planting, harvesting & weeding)
- · Farm Animal Care
- Special presentations from visiting guests
- Scavenger hunts
- · Outdoor Games
- · Nature crafts using materials from nature
- Animal tracking
- · Learn to identify plants, birds & wildlife
- · Fairy houses/Toad Abodes
- · Exploring surrounding fields & forests.
- Land acknowledgment to Indigenous people that occupied this land before us.
- Practicing and experiencing being "un-plugged" in nature and "mindfulness" activities

Snacks, lunch and drinks are provided each day with active participation from the children. Each child should bring their own filled water bottle. We have a wonderful garden that offers nutritious, healthy produce daily. We strive to provide wholesome and fulfilling foods to nourish the body and soul, as well as food that your kids will want to eat. The farm-to-table example provided each day is an invaluable lesson.

### 2025 Registration

Name:
Gender/Pronouns:Age:
Child's Address:
Town/State/Zip:
Cell Phone:
Parent's/Guardian's names:
Work/home Phone:
Email:
Any Allergies or medical concerns:
l
The child lives with:
both ParentsMother
Other
Please check the appropriate session:
July 7th- July 10th
July 14th- July 17th
July 21st - July 24th
July 28th - July 31st
The cost for each session is \$375

